

Japanese Encephalitis

Japanese Encephalitis is a viral disease caused by the bite of the Culex Mosquito. It is carried by Egrets and amplified in pigs. It is transmitted only through the bite of the infected mosquito. There is no human to human transmission.

Symptoms of J.E.

Fever, Change in mental status such as confusion, disorientation, inability to talk, paralysis, fits and seizures.

Do's

- ✓ In case of fever, visit your nearest health centre.
- ✓ Use insect repellent on exposed skin.
- ✓ Wear long sleeves and pants to prevent mosquito bites.
- ✓ Install screens on doors and windows to keep mosquitoes out
- ✓ Use mosquito nets while sleeping.
- ✓ Pig sties must be far from human dwelling.
- ✓ Allow DDT spray.
- ✓ Keep your surroundings clean, ensure proper sanitation.
- ✓ Do not allow water to stagnate around your house.
- ✓ Co-operate with health authorities in prevention and control of disease.

Don'ts

- ✗ Do not allow water logging; ensure continuous water flow to prevent accumulation of stagnant water.
- ✗ In case of symptoms of J.E., do not panic but consult your nearest health centre.

Issued in public interest by
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