



SCRUB TYPHUS DISEASE

What is Scrub Typhus Disease ?

It is a Rickettsial disease caused by germs called Rickettsiae Tsutsugamushi spread by the bite of Larval mite.

How to recognize Scrub Typhus Disease?

First of all a bite mark appears on the skin which dries up in a few days time. After about a week's time, signs and symptoms of headache, fever, general weakness, cough appear. There may be loose motion, redness of the eyes and reddish/purple rashes on the skin.

How to prevent ?

- Avoid venturing into places that these larval mites may be present (e.g. Picking up Monkey Nuts etc.).
- Wear long sleeves/clothes if you have to go to places which these mites may be present.
- Insect Repellant ointment may be used.
- Cleanliness is very important : Take out and wash all wearing clothes after picking up monkey nuts, coming from places like jungle/paddy fields and take bath so that these mites will be washed away and have no chance to bite.

How to get treated ?

Get treated at the earliest by a doctor or, in hospital.

Is the disease curable ?

Yes, the disease is curable if treated early.