

GOVERNMENT OF MEGHALAYA
HEALTH & FAMILY WELFARE DEPARTMENT

No. Health.74/2020/106

Dated Shillong the 20th May, 2020.

ORDER

In view of the pandemic situation arising out of COVID-19 and the need to ensure re-entry of persons stranded outside the North Eastern States, the following Standard Operating Procedures (SOP) are issued for people entering Meghalaya from outside the North Eastern States.

A. Pre-registration

1. All people coming from outside the State should pre-register themselves on <http://meghalayonline.gov.in/covid/selfregistration>.
2. Those who have not pre-registered themselves should be registered at the entry point through the Web App (<https://coronamegh.cdfi.co.in>)

B. Screening and Testing at entry points

1. All persons who enter the State at the designated entry points will be scanned by an infrared thermometer or thermal scanner to detect body temperature.
2. All persons who come from High Risk areas where the transport is facilitated by the State shall be tested by Rapid Antibody Test Kits and RT-PCR. 'Pool testing' method would be used, and if "pool test" is positive, retesting of the individual samples is to be done by RT-PCR/CBNAAT.
3. The persons shall be kept in institutional quarantine in the respective districts until test results arrive. In case of space constraints, they shall be sent for home quarantine after sampling.
4. Those coming in private vehicles to the State from outside of North East Region of India shall be sampled for RT PCR at the entry point District and sent for home quarantine.
5. Sampling can be done either at quarantine/CCCs or at facilities as designated by the Districts.
6. (a) If the Test result is negative, they shall be sent home for quarantine.
(b) If the Test result is positive, the protocol dated 28th March, 2020 for COVID positive cases shall be followed

C. Home Quarantine

- i. All people coming from outside the state should mandatorily undergo home quarantine for 14 days, using the Home Quarantine Diary
- ii. Additional 14 days of self-reporting would be done by them. During this period also, they should remain indoors. If they require any emergency movement, they should wear a mask and follow the three commandments given in the Self-Reporting Diary
- iii. Those under home quarantine will be monitored by:
 - (a) District Surveillance Team
 - (b) Community COVID Management Team

D. Self-Reporting using Diary

- i. People under home quarantine should enter their daily health status in the diary provided.
- ii. They can also enter the health status of their family members in this diary
- iii. If they find any symptoms for themselves or their family members, they shall report to 108 or contact District Helpline number given in the diary.

E. External Monitoring using technology and physical inspection through Community COVID Management Teams.

- i. The designated monitoring team set up by the respective District (any selected member of CCMT) will visit those under quarantine on a daily basis. The team will use a Web App (<https://coronamegh.cdfi.co.in>) which is GPS enabled, thus helping in tracking the movement of the monitoring team and ensuring that they visit all the houses allotted to them.
- ii. All those who are under quarantine and symptomatic shall be tested through RT-PCR
- iii. The monitoring team will also assess the psychological state of those under home quarantine and ensure counselling support
- iv. While monitoring for COVID symptoms the team should also check for any other viral infections such Measles-Rubella, SARI, ILI like symptoms.
- v. The data from this App will be used for analysis at the district and the state levels on a daily basis.
- vi. The phone numbers of all those entering the State shall be put for geo-fencing and an SMS warning will be sent to those who break the quarantine.

F. If COVID-19 symptoms develop,

- (i) the persons who develop any symptoms in the 14 days quarantined period would be tested using RT-PCR test.
- (ii) Those of who test positive shall be handled as per the COVID positive patient handling protocol of the Government of Meghalaya

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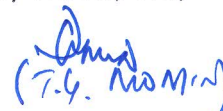
(Sampath Kumar, IAS)

**Commissioner & Secretary to the Govt. of Meghalaya,
Health & Family Welfare Department.**

Copy to:

1. The Secretary to the Governor of Meghalaya for kindl information of Governor.
2. PS to the Chief Minister, Meghalaya for kind information of Chief Minister.
3. PS to the Deputy Chief Minister, Meghalaya for kind information of Deputy Chief Minister.
4. PS to the Minister, Health & Family Welfare Department, Meghalaya for kind information of Minister.
5. PS to all Ministers, for kind information of Hon'ble Ministers.
6. PS to Chief Secretary to the Government of Meghalaya for kind information of Chief Secretary.
7. The Additional Chief Secretary/Principal Secretaries/Commissioner & Secretaries/Secretaries of all Departments, Government of Meghalaya.
8. Director of Health Services (MI)/(MCH&FW)/(Research), Meghalaya, Shillong.
9. The Director of Information & Public Relations, Meghalaya, Shillong for wide circulation in the print and electronic media of the State.
10. The Director General of Police, Meghalaya.
11. The Deputy Commissioner,
East Khasi Hills, **Shillong** /West Khasi Hills, **Nongstoin**/ South-West Khasi Hills, **Mawkyrwat**/ East Jaintia Hills, **Khliehriat**/ West Jaintia Hills, **Jowai**/ Ri-Bhoi District, **Nongpoh**/ West Garo Hills, **Tura**/ South-West Garo Hills, **Ampati**/ East Garo Hills, **Williamnagar**/ South Garo Hills, **Baghmara** /North Garo Hills, **Resubelpara**.
12. Joint Dirctor of Health Services (MCH&FW) I/c IDSP, Meghalaya, Shillong.
13. District Medical & Health Officer
East Khasi Hills, **Shillong** /West Khasi Hills, **Nongstoin**/ South-West Khasi Hills, **Mawkyrwat**/ East Jaintia Hills, **Khliehriat**/ West Jaintia Hills, **Jowai**/ Ri-Bhoi District, **Nongpoh**/ West Garo Hills, **Tura**/ South-West Garo Hills, **Ampati**/ East Garo Hills, **Williamnagar**/ South Garo Hills, **Baghmara** /North Garo Hills, **Resubelpara**
14. All Administrative Departments/Heads of Departments

By orders, etc.,



Joint Secretary to the Govt. of Meghalaya,
Health & Family Welfare Department.