

**GOVERNMENT OF MEGHALAYA
HEALTH & FAMILY WELFARE DEPARTMENT**

No.Health.118/2020/15,

Dated Shillong, the 2nd June, 2020.

ORDER

In view of the pandemic situation arising out of the COVID-19 and in easing the lockdown, the following protocols/guidelines for Community Quarantine facilities : COVID-19 are being issued as follows:-

Guidelines for Community Quarantine facilities: COVID-19

Quarantine is the separation and restriction of movement or activities of persons who are apparently healthy but who are likely to have been exposed to infection, for preventing transmission of diseases.

Persons are usually quarantined at institute or at their homes, but they may also be quarantined in community-based facilities. Quarantine can be applied to:

- An individual or to a group of persons who are exposed at a large public gatherings or to persons believed to be exposed on a conveyance during international/ national travel/affected areas (Containment zone)

Recommended duration of quarantine for Covid-19 is minimum 14 days from the date of exposure.

The purpose of quarantine during the current outbreak is to reduce transmission by:

- Separating the contacts of COVID-19 patients from other community members.
- Monitoring contacts for development of signs and symptoms of COVID-19, and
- Segregation of COVID-19 suspects, as early as possible from amongst other quarantined persons.

Requirements for Quarantine facility in a community-based facility is as under

1. Location:

- Preferably located in the outskirts of the village/ urban area (can be a community hall/ school/ hostel/ unused health facility/ other safe buildings, etc.)
- Preferably located away from the people's reach, avoiding crowded/ populated areas.
- Well-protected and secured (preferably under watch by local security).

Access considerations:

- Accessible by road with some parking space nearby.
- Ease of access for delivery of food/ medicines/ other essentials and supplies.
- Differently-abled friendly facility (preferable)

Ventilation capacity: Well ventilated premises, preferably by natural means.

2. Basic infrastructure/ functional requirements:

- Separate accommodation is preferred for women and men. If not possible, at least separate rooms need to be provided.
- Accommodation should preferably have separate entry and exit doors.
- Rooms/ Dormitory separated from each other are preferable with in-house capacity of 5-10 beds/ rooms.
- Each bed to be separated by 2 meters (minimum 1 metre) apart from all sides.

